

Now Providing Treatment for Sleep Disorders in Pediatric Patients

SAINT THOMAS HEALTH SERVICES

CENTER FOR SLEEP

- ▲ Treatment for common childhood sleep disorders, including obstructive sleep apnea and altered sleep patterns
- ▲ Child-friendly facility with all new equipment and the latest technology
- ▲ A dedicated staff and physician specializing in pediatric sleep disorders
- ▲ Exceptional ongoing support and education for patients and their parents



Center for Sleep
Saint Thomas Health Services

The New Pediatric Sleep Disorders Program

Middle Tennessee's largest sleep center, the Center for Sleep, recently added the Pediatric Sleep Disorders program to its growing list of services. One of the few local centers treating sleep disorders in children ages 2 to 18, the Center for Sleep has made substantial investments in the equipment, training and facilities needed for each child's optimal care.



Russell E. Gibson, M.D.

Under the direction of Russell E. Gibson, M.D., the Center for Sleep's staff provides care for pediatric patients, and ensures that every child visiting our facility feels well-prepared, safe, and comfortable during their sleep study. The Center for Sleep works extensively with parents to provide exceptional patient education and ongoing support.

Patients will be seen clinically by Dr. Gibson, who will evaluate children with possible obstructive sleep apnea, sleep-related movement disorders, such as restless legs syndrome, as well as altered sleep patterns, sleep terrors and sleep walking.

Dr. Gibson is Board Certified in Sleep Medicine and Pediatrics and board eligible in Pediatric Pulmonology. He is a member of the American Thoracic Society and American Academy of Sleep Medicine.

Dr. Gibson earned his doctor of medicine from the University of Kentucky, College of Medicine, Lexington. Following medical school, he completed his residency training in pediatrics and a fellowship in pediatric pulmonary medicine from the University of Florida—Shands Hospital. Dr. Gibson also completed a fellowship in adult and pediatric sleep disorders medicine at the University of Michigan, Department of Neurology in Ann Arbor.

For more information about our services or to schedule an appointment or consultation with Dr. Gibson, please contact us at **615.284.7537**.